

# Khris' Suangphum

Suangphum lepkhitsa loungal suangphum dang kuamah in a lem theita kei, huai suangphum Jesu Khrist ahi - 1 Kor. 3:11

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## Bone of My Bones and Flesh of My Flesh

(Genesis 2:23)

Thongginlian

**E** phesa saptuamte kiang ah Paul in “Pasalte aw, na zite uh it un...” (Ephesate 5:25) chi’n a hasuan. Pasalte (husbands) chih thumal hong kipatna “Aner”(Greek) ahi. Thukhunthak (NKJV) ah hiai greek thumal 215 vei kizang a, 156 vei pasal (man) chiin kilet. 50 vei pasal (husband) chiin kilet hi. Zi (wife) thumal hong kipatna “Guner”(Greek) ahi. Thukhunthak (NKJV) ah hiai Greek thumal 221 vei kizang a, 129 vei numeite (women) chiin kilet. 92 vei zi (wife) chiin kilet hi. Thumal kizatdan in pasal (man/male) peuhmah in numei (woman) teng it un ding chi a zau zawdeuh a kilet hileh leng dik veve ding in kilang hi.

Tarik 23 December 2019 ni’n Delhi Chief Minister in Shaktinagar a Sinsakna Inn (School)a vehlai in sinlai pasal naupangte kichiamsak. Numeite zahtak ding leh buaina a tuah chiang ua panpih gige ding in ki chiam uhi. Kim leh kiang et in naupangte a kichiamsak zeneitak ahi. National Crime Record Bureau data dung zui in kum nga paisa sung (2011-2015) lel in numei tung akhelhna 44% a pung a chiamteh ahi. Kum 2011 in case 2,28,650chiamteh hi a, kum 2015 in case 3,00,000 chiamteh ahi. Case tamtak FIR ki chiamtehloua ginmoh ahi.

Hiai a sinsakna mun a CM in a thugenna ah numeite bitna ding a poimoh a taklatte lak a khat ‘numeite tung a zahngaithei ding in mahni inn sung chiat a pasal naupangte chiil (train) ngai ahi’ahichi. Naupangte kichiamma in bangtan dahi ding hiam chih theih hilou. Himahleh, innsung a kichilna in damsung dahi ding ahihdan Paunakte ah mipil in gen hi, “A paina ding lampi ah naupang chiil in, huan a upat hun nangawn in leng huai a kipan a paimang kei ding hi” (Paunakte 22:6). Hiai bang a chiil a om min tamtak a om maithei. Timothy huchi bang a api leh nu chiil ahi hih Laisiangthou in hon theisak (2 Timothy 1:5).

Nidang lai in Pathian in a mite hiai abang in hilh, “Hiai thu tuni a kon piak na lungtang uah a tam gige ding a, na tate uh phatuamngai tak in na sinsak ding ua, na in ua na tutlai un, lampi a na pailai un, na luplai un, leh na thoh chiang un na gen ding uh ahi” (Deuteronomy 6:6-7). Mite hoihna leh siatna chi (seed) kituh masakna innsung ahi. Tuni a mihoih leh mihoihlou chi a itheihite a neulai uapan kichiilna khanletpih ahi tangpi uhi. Ahihkei leh, innkuwan kichiilna omlouh ziak a tuah khak peuh zongsang a khanlet pih leng ahi thei. Hiai ahi a lauhuai pen!

Hopni leh Phinehas te unau innsung khat a pan khang lian ahi uh. Apa uh Eli, siampu ahi. Himahleh, Samuel laibu ah hiaite unau in Pathian thei-

louuh chih kichiamteh, “Eli tapate Belial tate ahi ua; Toupa a theikei uhi” (1 Samuel 2:13). Pathian a gense zawsop ua, apa’n thununlou, “... A taten Pathian a gensiatna khelhna uh theigige pi a, a khamlouh ziak in...” (1 Samuel 3:13). Thununlouh taten apa thu ngeingaihlou uhi, “...huchi in leng a pa uh aw a ngaikhe kei ua...” (1 Samuel 2:25). Siampu Eli tate’ khelhna khat ikim-ikiang a khawvel mite numei tung a huham tak a thangtatna toh kibang hi (1 Samuel 2:22). Hiaite ziak in siampu Eli innsung hamsiat ahi (1 Samuel 2:27-36).

Hopni leh Phinehas bang in Samuel leng innsung khat a pan ahi. Anu Hannah ahi a, apa Elkanah ahi. Hannah chiing a, ta neithei zoklou in om. Pathian kiang ah a thum a, tapa a ngen hi. Tapa a vualzawlna piak ahihlehadam sung Pathian nasem ding a pekhe ding in Hannah kiman hi, “... na sikha nu tapa na piak leh, a damsung teng Toupa ka pedia...” (1 Samuel 1:11). Tapa khatkia pelou in thumtak piak ahi. A thumna bang in a tapa masapen, Samuel, Hannah in Pathian nasem ding in, siampu Eli kiang ahpekhia. Pathian deihsakna tang in khanglian hi, “... naupang Samuel Toupa ma ah a hong khangianta hi” (1 Samuel 2:21).

Siampu Eli leh Elkannah innsungte apan in naupangte chiilna poimohdan a kilang. ‘Ginna a ka tapa’(1 Timothy 1:2) chi a Paul in a suan mah mah Timothy innkuwan kichiilna hoihtak background nei ahi. A pi leh pianna nu’n hoihtaka ana chiil uh ahi (2 Timothy 1:5); a neu apan Laisiangthou thei ahihdan hilh in i om (2 Timothy 1:5; 3:15). Khris thusinsaknate (2 Johan 9-11) limsak a kichiilna innkuwan khat peuh ah Timothy bang suanhui unau piang thei hi. Hichi bang unau pasal, khawvel mite bang hilou, Jesu Khris Lalgam ah“... na zite uh it un”chi a sawl ngailou in itna paai uhi.

**PLACE OF WORSHIP**

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**'KHRIS' SUANGPHUM, A WEEKLY BULLETIN FOR  
THE MEMBERS OF THE CHURCH OF CHRIST, DELHI,  
ON THE FIRST DAY OF THE WEEK'**

Enkaitu : Jamson Guite

**BIBLE CLASS****Class**

- Adult : Khenpi, Siamkhanmuan
- Junior : Jamson & James
- Primary : Minlun & Niangngaihching
- Beginner : Chingkhanlun & Pauliansiam

**Teacher****TOUPANI THILPIAK**

Date - 29.12.2019 - ₹ 29,101/-

**BAKNA PROGRAM**

Toupani' (05/01/2019)

Hun-uk thumna : Kamkhenthang

Lapi	: Mungmuantian
Thilpiak	: Tawsianpau
Theihgigena	: Thongginlian
Thugen	: James
Thumna	: Janglet

**BAKNA PROGRAM**

Kiginni (11/01/2020)

Hun-uk thumna: Thongginlian

Lapi	: Khamminthang
Thugen	: Thangdoulian
Thumna	: Chinlunmang
Amun:	UCI Building.
	Sector - 6, RK Puram

**BAKNA PROGRAM**

Toupani' (12/01/2020)

Hun-uk thumna : Thongginlian

Lapi	: Khamminthang
Thilpiak	: Ginsuan
Theihgigena	: Siamkhanmuan
Thugen	: Jamson
Thumna	: Kammuanlal

**THOUGHT OF THE WEEK**

**Naungek suaktungte bang in, na khan theihna  
diing un, khalam nawitui siangthou tak  
tuh lunggulh un (1 Peter 2:2).**

**THU TUAMTUAM****HONGTUNG**

❖ Phalbi hun awl zang diing a Imphal lam a ana pai unaupa Reuben kal paita ningani in damtak in Delhi hongtung kiknawnta hi.

❖ Huchi mahbang in unaunu Brenda Hoihkim leh Judith Kimluanmawi-te leng Imphal apan kal paita ningani in damtak in Delhi hongtung kiknawnta uhi. Damtak a hongtun theihziak un i kipak uh.

❖ Guwahati a unaunu Hoihching damlounha toh kisai a vazin unaupa Lamsuanmung leng kal paita sepnawni in damtak in Delhi hongtung kiknawnta hi. Unaunu ahihleh tunitan hoihlam nawt thei taktaklou in omden hi. Unaute'n thumpih touzel ni.

❖ A pi (unaunu Nengnian) sihna toh kisai a Lamka lam a va paizual unaupa Chinglunmang leng kal paita sung in damtak in Delhi hongtung kiknawnta.

**ZINKHIA UH**

❖ Phalbi hun awl zang diing in kal paita seppatni in unaupa Chinsuanmung-te innkuwan in Lamka lam ah honna zinkhiaksan uhi. Bangtan va-om diing uh hiam chih theihchet hinatadihlou hi.

**KUAN NAWNTA**

❖ I lak ua hun bangtan hiam a om nung in kal paita sintawpni in unaupa Lunssang in a siamsinna maban zom diing in honna kuansan nawnta hi.

**PULAKNA KINEI**

❖ Kal paita Toupani biakna zoh in Saptuam workplan 2020 pulakna om hi. Hiai hun ah unaupa Kamkhenthang in PPT tungtawn in mipi lak ah kumsin thupi paipih diing leh budget banah thupoimoh khenkhat taklatna nei hi. A copy leng hawmkhiak hipanta diing hi.

**THU TUAMTUAM****ANA KI-AT**

❖ Unaunu Chingnunhoih in kal paita seppatni in a pianpih dermoid cyst kichi Max hospital ah Pathian ompihna toh lohchingtak in ana atkhia hi. Na asak ziak hiam leh buaihuai ziak hipahlou a maban a lauhuai thei diing dinmun ahihman a atkhiak hoihzaw diing docor in a chih ziak a ana atkhiak uh ahi. Hospital apan pawtsak in omta ua, tun inn mun a ki-ekol lel uhi. Hong damsiang pah i deihsak uhi.

**PAWTKHAWMNA OM**

❖ Zan kiginni biakna zoh in Munirka a om unaupa Kham James-te inn ah edification committe makaihna in pawtkhawmna om hi. Thumna leh hasotna hun va kizang a nuam mahmah hi. Intekte leng ana nuamtuan mahmah in kipak petmah uhi.

**PROGRAM LACHIAT NI**

❖ January leh February 2020 a biakna program bawlzoh hinawnta hi. Unaute'n eimah copy diing i kilakchiat diing uh. Thupi paipi diing in **Khalam Khantouhna** chih hi diing. Tanneite'n i tante leh a ni hoihtak in i chiamteh diing. Huan, a loutheilou ziak a tan latheilou diingte'n a hun ma a worship committee lamte zaksak ngeingei diing ahi.

**MEETING OM DIING**

❖ A hongtung diing tu kiginni chiang in Mohammadpur a unaupa Jamson inn ah zinglam dak 11 in Saptuam business meeting neih hi diing. 2019 Saptuam audit report leng om diing hi. Tamtheipen telsawm ni.

**TUILAI PROGRAM**

❖ Tuni biakna zoh chiang in unaupa Thangbiakmang inn ah tuilai program omnawn diing hi. Tuilaite a tamtheipen tel diing in i kichial in i kingen ahi.

**TUNI TUAILAI PROGRAM**

(05.01.2020)

Hun-uk	: Reuben
Lapi	: Nangmuantian
Thugen	: Sei Robert

**Second Session:**

**Pitu: Samuel Pauliansiam**  
**Amun: Unp. Thangbiakmanginn,**  
**Gole market, New Delhi.**