

# Khris' Suangphum

Suangphum Iepkhitsa Ioungal suangphum dang kuamah in a lem theita kei, huai suangphum Jesu Khris ahi - 1 Kor. 3:11

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## BANGZIAK A KHRIS TELZAW DIING?

- Jamson

**P**eter in a Toupa kiang a “avek un (nungzui dang teng in) lungkia in hon taisan mahle uh, kenzaw kon taisan kei diing” (Mark 14:29) a chih bang deuh in I kam in “thildang tengteng sang in Khris mah katelzaw ke” I chivek kha diing uh. Peter in a kam mahmah in a Toupa kiang ah chikmah in kon taisankei diing chi mahleh a Toupa mat a ahong omtak in taisan in ak khuan ma in thumvei kitheihmohbawl hi (Matthai 26:69-75). Tuabang deuh in **thildang teng sang a Khris mah telzaw diing in thupukna bawl in baptisma tang mahlehang huntamzaw ah mitawmzaw in Toupa sang in thildang kitelzawsek hi**. Tuabang hunte ah **Peter bang a kisik a, kap a, Toupa kiang zot sang in ei leh ei kisiamtan in hiai ka Toupa sang a ka telzawkna ahikei chi'n selkhahtak in I pang uhi**. I Toupa Jesu Khris sang a I telzaw diing thildang leh kuadang himhim Khovel ah a omkei chih thei masa ni.

Jesu'n telzawk diing kua ahia chih toh kisai kichi-antak in ahon hilh hi. Telzawk angaih leh kua telzawk diing ahia, kuate tellouhzawk diing ahia chih toh kisai a Jesu sin-sakna tuh hiai ahi, **“Kuapeuh a nu hiam, a pa hiam, kei sang a itzaw tuh ka mi hitak ahikei; kuapeuh a tanu hiam a tapa hiam kei sang a itzaw leng, ka mi hitak ahikei. Kuapeuh a Kros pua a hon zuilou ka mi hitak ahikei”** (Matthai 10:37-38). Hiai thu omdan ahihleh, I nu hiam ziak a Khris tan diing I hihleh Khris telzawk diing. I pa ziak a Khris neilou a om diing ihihleh I pa nusia a Khris telzawk diing. I tanu hiam, I tapa hiam ziak a Khris tan diing dinmun a I omleh Khris mah telzawk diing ahi. Huan, ei pumpi sang a leng Khris it a telzawk diing ahi. Khenkhate'n Khris telzawk ngamlouh ziak in Adam bang in paulam bawl in Khris deihlough in a nu leh pa, a ta, a sanggam leh a tanau tel in Khris leng neih vetei dan in kikoih sukmai uhi. A kidot huai mahmah bel tuabang hunte ah Khris in Amah telzaw in ahon koih taktak na diam chih ahi.

Hiai thu “Kuapeuh a nu hiam, a pa hiam, kei sang a itzaw tuh ka mi hitak ahikei; kuapeuh a tanu hiam a tapa hiam kei sang a itzaw leng, ka mi hitak ahikei. Kuapeuh a Kros pua a hon zuilou ka mi hitak ahikei” chih etdan khat ah thil hitheilou leh haihuai thil a bang hi. Etdan dik a I et leh thil hitheilou leh haksalua ahikei. I pa, I nu, I ta, I sanggam leh I kuahiamte, Khris thusinsakna thu a om gige lou a atatek leh bangziak a amaute tellou a Khris telzaw diing? Hiai ngaihtuah mah dih! I khelhna ziak a I khelhna gah lou a si diing lai hotkhiak a om in Jesu Khris ziak in tangtawn hinna I nei uh (Romte 3:23; 6:23). Huai I khelhnate ziak a gawtna apan suahtak theihna diing in ei a hihtheihna bangmah a omkei. Belamnou chih louh lei ah hi in van ah hileh I khelhna apan hon suaktasak theih diing kuamah a omkei (cf. Kilakna 5). Huaiziak in eite a diing in Jesu Khris leitung a hongpai in ei tang in Khros ah hong si hi. Hiai ziak in si-antansak in I om uh. I pa ziak a siamtang I hikei ua, I nu

ziak a siamtang leng I hisamkei. I ta ziak leh I sanggamte ziak, I beh I phung ziak a Pathian mai a siamtang I hikei ua, Belamnou gensiat bei, Jesu Khris ziak liauliau a siamtangte I hi uhi.

*“Aman (Jesu Khris) I natnate pua in, I dahnate a pua a: himahleh en bel dahna khu, Pathian vuak, hihgentheih in I bawl uhi. Himahleh I tateleknate ziak in amah liam in a om a, I thulimlouhnate ziak in vuak sidup in a om a: I lungmuanna ding in sawina a tung ah a kia a; a vuakna golhte a hihdam in I omta hi. I vek un belam bang in i vakmang ua; eimah lampi tuam chiat uah I pialta uh; TOUPA'N amah tung ah I vek ua thulimlouhna a nga ta hi! (Isai 53:1-6; cf. Matthai 27:27-31).*

I natna uh pua a I dahnate uh pua kua? I tateleknate ziak ua hihliam a om a, I thulimlouhnate uh ziak a vuak sidup a om kua? I lungmuanna diing ua sawi a om kua? Kua vuakna golte ziak a hihdam a ki-om ahia? I thulimlouhnate tengteng uh kua tung a ngak a om? I pa hiam, I nu hiam, I ta hiam, I sanggam hiam I kua hiamte hiam in I dahna a pokei a, I tateleknate ziak in leng hihliam in a omsamkei ua, I thulimlouhnate ziak in leng vuak in a omkei uhi. I lungmuanna diing in leng amau sawi in a omsamkei uhi. Amaute vuakna golhte ziak in leng hihdam in I omsamkei. Jesu Khris ziak ahizaw. Amah (Khris) ahi I siamtanna uh.

Huaiziak in ahi thildangteng leh kuadangte sang a amah telzawk diing Jesu'n achih. Amah thulimlouh ziak a thuak hilou a nang leh kei a diing a thuak ahihman in nu leh pa leh kua dangte sang a Amah telzawk tuh ahi diing him ahi. **Khris telzawkna tuh Khris thupiakte it a, ahi bang-bang a zuihna ahi (cf. Johan 14: 15, 21 & 23). Laisiangthou in huchin a genna a huai tan hialzaw I chihnak khem chiang pen Khris sang a nu leh pa, tate, sanggamte, kuate hiam leh bang hiam telzawkna ahi**. Judate'n Jesu Khris sang in tualthat minthang Barabba ana telzaw uhi. Tuni in en kua I telzaw a? Jesu Khris maw ahikheleh Barabba? ☒☒☒

**PLACE OF WORSHIP**

UCI Building,  
Sector - VI, RK Puram,  
New Delhi - 110022

Phone No. 9953968807

website : www.cocdelhi.org

**'KHRIS' SUANGPHUM, A WEEKLY BULLETIN FOR  
THE MEMBERS OF THE CHURCH OF CHRIST, DELHI,  
ON THE FIRST DAY OF THE WEEK'**

Enkaitu : Jamson Guite

**BIBLE CLASS**

**Class**

Adult : Khenpi, Siamkhanmuan  
Inter. : James & Jamson  
Junior : Ginsuan & Suanlian  
Primary : Minlun & Niangngaihching  
Beginner : Chingkhanlun & Pauliansiam

**Teacher**

**TOUPANI THILPIAK**

**July : ₹ 3,26,970/-**

**THOUGHT OF THE WEEK**

...ka kitaitehna lam ka maban tun diing leh Toupa Jesu kiang a huai nasepna ka muh pen semkhin phot leng, ka hinna leng khiaklah tham in ka sepkei hi (Nasepte 20:24).

**THU TUAMTUAM**

**DAMLLOU**

❖ Kal masa apan in unaupa Khamthianmung sungkhoh leh khosik ziak in damlou in ana om hi. A sungkhoh a phatnung a akhosik a phat tuanlouh ziak in a innkuan un Covid-19 test sak ua avek un ana positive innmun ah ki-enkol vek uhi. Unaupa chihlouh a dangte bel bangmah chilou (asymptomatic) uhi. Unaupa Khamthianmung pen an a nekn-gaploh ziak in bahsim mahleh tu'n bel Pathian panpihna toh ann leng nengap-ta in hoihsot mahmahta hi. A innkuan a ahong damsiangpah theihna diing un thumpih touzel ni.

❖ Unaupa Khupmang zi unaunu Nengchin leng taksa hatlouhna tuamtuum a neihziak in Lamka a clinic khat ah etkol in ana om. Tunbel pawt-kheta. Unaute'n thumna ah phawk ni.

**THU TUAMTUAM**

**BIBLE CLASS NEIHPH DIING**

❖ A hongtung diing tu kiginni (date 22.8.2020) chiang in Preacher in piangthak nailou khenkhat Bible class neihiph diing. I ta hiam ahikkeh i ompih piangthak nailou hiai class a tel dia i deihsak a om leh a kin theilam a preacher thuzak diing in i kitheisak uhi. Huan, class hoihtak a neih ahik theihna diing in thumna ah i phawk diing uh.

**NAKTAK IN KISA UH**

❖ Social media tungtawn a Tanchinhoih genna pat diing chih thupuk ahik toh kiton in Evangelism committee-te'n naktak in panla lelel uhi. Hotdamna thubulte unaute bangzah hiam in gen in video record hon bawl diing ua huaite youtube a koikhkiak hi diing hi. Youtube account leng honkhithita hi. Unaute'n thumna ah phawk ni.

**ANNUAL BIBLE QUIZ 2020**

**TEXT : SAM LAIBU**

**ANI : 24<sup>TH</sup> OCT. 2020**

Asaitu : Kamkhenthang, Janglet Thongginlian

Khalam theihna kibehlapna diing leh Bible sim kihanthawna diing in kum 2012 apan tatsatlou in kumteng in Bible quiz kineitou den hi. Tanchin hoih gelhte, nasepte leh Thukhun Lui lam ah Genesis apan Job laibu tan tunitan in kizouta hi. Tukum in leng October 24 a neih diing in Saptuum Workplan ah gellut in om hi. Pathian panpihna toh neihtheih lamet ahikman in tuni apan unaute'n simpanta diing in i kingen in i kitheisak uhi.

Quiz toh kisai a theihtuak khenkhat anuai a bang ahi -

1. Kum paisa toh a format kibang diing.
2. Team khat ah mi nihzel pang diing.
3. Paite pau a simte'n Parallel Bible zat diing.
4. English a simte'n NKJV zat diing.
5. Team khat in session khat nei lelel diing.
6. Team khat in dotna 30 sang a tawmzawlou dawng diing.
7. Atel khempeuh kipahman hoihtak piak hi diing.
8. Unaute telvek theihna dia kibawl ahi. Telvek diing.

**Seven Guidelines To Profitable Bible Study**

By Mike Riley

Profitable Bible study involves more than just opening to a chapter and reading the words on the pages. The following are seven guidelines to help us make the most of our study of God's word:

- Set aside a regular time — Unless we schedule a specific and uninterrupted time for Bible study, we will more than likely neglect Bible study.
- Before we start reading — Let's ask God for help in understanding the text.
- Carefully think about what we are reading — Not all of the Bible's treasures lie like pebbles on the surface. To mine the gold, we have to dig.
- Seek to understand what the author was communicating to the people who first read the book or letter before we decide how to properly apply it today.
- Write down at least one truth or principle we can put into everyday practice.
- Try different translations of the Bible — If we find ourself skimming over familiar words, a new translation might focus our mind on a passage in a new way.
- Let's not get discouraged — Some parts of the Bible are more interesting than others, and some we may not understand immediately. But there's enough that we can understand, revolutionizing our life if we apply it.

Let's read Proverbs 2:1-9 with the above guidelines in mind. Then try studying again tomorrow, remembering that the Bible's treasures are found by those who dig for them.