

## TUIHING

-Thongginlian-

Delhi khawpi tel in gamsung mun tuam tuam ah khawlum uang mah mah. Kha masa May 29 niin in Delhi kim-leh-kiang ah khawlum dantehna Thermometer dungzui in 52 degree Celcius ahi. Huaisang a lumzaw Nagpur 56 degree Celcius a chiamteh ahi. Tuklai season hinapi in vuah zulou nilouh a, ni sa mahmah. Huihnung lum huthut a, Tanky a tui kikholve suansousa bang in sa vilvel uh. Inkim-inkiang a haichi leh pakte vul ua meikuang a hulkhak bangin vuaigawp uhi.

Tulai khua keu lua ahihman in kumpi Ahab hunlai a gamkeu toh tehkhak theih phial ding in gintak huai. Ahab, Israel kumpi, hunlai in a gamsung ah kumthum sung vingveng vuah zulou, "...Omri tapa Ahab Samari khua ah kum sawmnihle-nih Israelte tung ah a lal. Huan, Omri tapa Ahab in ama a mite teng teng sang in TOUPA mitmuh in thilhoihlou ahih uangzaw hi" (1 Kumpite 16:29-30).

Sawtkhop vuah zulou ahihman in gamsung ah tui tasam ua, kial huaisia a tung, "Samari gam ah kial a nasa mah mah mai hi" (1 Kumpite 18:2). Jordan lui a luanglut Cherith lui tui a kang a, huai lui a kibu zawlnei Elijah omthei nawnlou in Zarephath ah kialtai hi. Meithai khat in ana zintun a, a neih sunsun nek-leh-dawn ding pia in ana vak. Hiai thilhoih hihziak in meithai' nu vualzawl in om a, vuahzuk matan tasamlou in nek leh dawn kingching piak ahi. Hiai hun huaisiat dan tehna khat tuh kumpipa tuinak zong in gamsung ah vialvak maimah hi (1 Kumpipate 18:6).

Alehlam ah, vuah tam ziak in buaina piang thei veve. Sihna-manna leh siatna vuahtui tam in tun naknak hi. Zanzek in leng eigam, North-East India, ah Cyclone Remal in nasatak in hon nuai a, khawpите ah tuichiim tungsak a, menchim in mi tampi in hinna tan uh. Ban ah, neih-leh-lam tampi suksiat in om. Job laibu a kimu bang in hiai thiltungte a ziak om a thiltung hi in kigen, "Bawlhohina ding hiam, a gam a ding hiam, ahihkeileh a chitna ding hiam in a hon paisakta" (He causes it to come, whether for correction, or for His land, or mercy-Job 37:13).

Bawlhohina ding in Noah hunlai in Pathian in tui ana zang ngei hi. Sun 40 leh zan 40 sung leitung ah vuah zusak a, tuichiim huaise mah mah leitung ah a tung; Noah leh inkuante leh ganhing kop khat chiat lel suakta uhi, "Huan, ni sawmli leh zan sawmli sungteng leitung ah vuahpi a zuta a" (Genesis 7:12).

Genesis ah tuichim tunlai a vuah zukdan tomkim kigelh. Elijah in chiang tak in ana lak hi (1 Kumpite 18:42-45). Karmel tang ah vuahzukna ding in Pathian kiang ah thum a, khua a niim hiam chih chian ding in a sikha kawlmong lam a vilsak hi. Gukvei ava etna ah bangmah kilang lou. Sagih veina ah hichi a hong hi a, "Huan, sagih veina in, hichi ahia, ngai in, tuipi a kipan in mihingte' khutchia lel mei (cloud) a lengtou viai viai, a chi a...Huan sawtlou nung in hichi ahia, huih leh mei in Van a vom bikbek a, vuahpi petmah a hong zuta hi" (1 Kumpipate 18:44-45).

Sinlai naupangten geography subject a i sinsa ngen ahi. Laisiangthou ah hiai thudik ahihdan chetna imu. Mawlchik a gen in, tuipi apan tuihu vanlai zawl a huihkhua ah huih in lentouhpih a, tunglam huihkhua a vot ziak in tuihu akhal hong suak. Huihlak a omthei nawnlou in leitung ah vuah, gial leh vuk in hong kesuk uhi. Akhen a uang deuh a, a khen vuah malphiin lel ahi. Bangteng hileh, leitung a ding a manpha tui hichi bang a hong om ding Pathian thilsiam hoih mah mah (Genesis 1:31) leh manpha ahi. Hinna ding a poimoh, tui ahi. Eden huan a hinna neite hihat ding in leh huan nomsak ding in Pathian in lui/tui huansung luangsak hi (Genesis 2:10). Tua bang a lei nomsak ding in vuah siam ahi.

Khang kikheng zel mah leh tui poimohna kikheng ngeilou. Nidanglai pek apan in Pathian in tui zang in mihingte ana hunkhia (1 Peter 3:20). Tu hun nanung ah leng tui tungtawn a hotdamna om ahihdan hichiin Jesu'n a sinsak, Jesu'n a dawng a "Chihtaktak in, chihtak tak in kon hilh ahi, kuapeuh mah tui leh Kha a piangthak ahihkei leh Pathian gam a lut theikei" (Johan 3:5). Taksa leh kha a ding a poimoh gige tuisik ahi. Dangtak a tuisik dawnte dangtak nawn ding uh; Tuihing dawnte bel dangtak nawnlou ding in Toupa Jesu'n chiam hi. It's a promise!

## THILPIAK

09/06/2024

Rs- 45540

### BIAKNA PROGRAMME

Toupa' Ni 16/06/2024

Hun-uk	: Joseph Suantak
Lapi	: Pausuanlian
Thilpiak	: Thangliankhup
Theih gigena	: Thangdoulian
Thugen	: Thongginlian
Thumna	: John Mung

### BIAKNA PROGRAMME

Kiginni 22/06/2024

Hun-uk	: Lang James
Lapi	: Pauminlun
Thugen	: Janglet
Thumna	: Khupsiamhau

### BIAKNA PROGRAMME

Toupa' Ni 23/06/2024

Hun-uk	: Lang James
Lapi	: Pauminlun
Thilpiak	: Seilenmang
Theih gigena	: Amjangthang
Thugen	: Jamson
Thumna	: Khamminthang

## THU TUAMTUAM

**Tung petmah ding hita** : Work plan a gelkholh a om Tonic Solfa zilna 27-30 June 2024 sung bikhiah hita a kisakkholhna nasatak in paillel hi. A saitute a ding a a zangkhai semna ding in unaute kuapeuh in kithuahpih/ngaihven chiat uh hoih ding hi.

**Thumpih ding** : Unaupa Thangkhingin hun sawtkuamtak i lak hong tel zou nawnlou a lupna ngak a om Unaute kuapeuh i thumnate uah unaupa hong hatkhiak mengmeng theihna ding in i thumpih chiat ding uh.

Meitei gal ziak a thawmhautak a om Vangaitang a Khrist a Unau om sunsunte leh chihpih sapihte ading in bitna leh khamuanna ngetsak ni.

Misiangthoute thumna in nna thupitak semthei ahiah ziakin naktakin Pathian i buan ding uh.

## LAI SIANGTHOU TANGTEEL

Paunakte 3:7-10 *Nangmah mit ah pil ke'na; Toupa kihta inla, gilou taisan in. Na lai a ding in damna ahi ding a, na guhte a ding in guhngkek. Na van in Toupa zahtak in, na punna tengteng a gah masate toh in. Huchi in hauhna in na pangte a simlet dia, na belte uain thak in a dimlet ding hi.*

## THU TUAMTUAM

New Delhi Church of Christ  
**Weeklong Tonic Solfa Training**  
**Programme-2024**

Venue : Suraj Kunj, Faridabad & Yusuf Sadan, New Delhi.

Date : 27<sup>th</sup> to 30<sup>th</sup> June 2024

Sinsaktu : Mr. Tuanno, Vikas Puri

### Daily Schedule

Morning- 11:00 to 13:00

Lunch- 13:00 to 14:00

Evening- 14:00 to 16:00

### Note :

1. Unaute Thongginlian, Khamminthang leh Siamkhanmuan ten Co-ordinator tanmun a leen ding ua, class kipatna leh tawpna a thumna nei ding a mun ah member khat peuh a seh tawm zel ding uhi.
2. Class pat hun leh a kal lak a khawl hun, sun anneek hunte a hun bangbang a zuih ahiahna ding in a enkai ding uhi.
3. Tuailai ten neek leh dawn ding toh kisai a buh leh meh thukna leh hepsiangna ah mohpuakna ala ding uhi.
4. A hun geihgeih a pat ahiahna ding in a hunma amun tunkim chiat ding.
5. A mun naihna ding paiman kipiak haksatna neite khualna in Saptuam in poimoh bang in taxi ki hire ding. Poimohna nei peuhmah in Unaupa Thangliankhup thuzak ding ahi.
6. Taxi pen Munirka a Anupam Restaurant mai lak ah kinga ding hi. A tuang nuam peuhmah in zinglam dak 10 tan a huai mun tunkim ngeingei ding ahi.

**Tung kik** : Unaupa Khamminthangte innkuan, Lamka lam nu-le-pate toh suty hun nuam bangtan hiam avazat zoh nung un Delhi zuan in hong kik nawnta uhi. Nawngkaina om kei leh tuni 16 June in Delhi hong tung ding dan uh ahi.

Huchi mah bang in Unaupa Jamsonte innkuan leng lemtanlouhna thut omkei leh hong tung ding 18th June 2024 in Delhi hong tungkik nawn ding uh ahiah dan zak ahi.

**Innlam pai** : Unaunu Vungngaihulun D/o Unaupa Kapmeng, Unaupa Richardte panpihtu a hun bangtan hiam Delhi a hong om in leng 10th June 2024 in Lamka lam ah hon na kiksaw nawnta hi.

**Zinkhia** : Unaunu Chingkhanlunte innkuan Summer suty hunnuam zang ding in kalpaita sung in Gauhati lam ah hon na zinkhiak san uhi. Amau huailam ava tam sung un Shillong lam banlang vapha ua, dam nongkaina omkei leh tukul sung in Delhi hong kikhawn ding uhi

**Vehna nei** : Unaupa Thangkhingin hun sawtkuamtak biakkhawmna a hong tel zoulou/pawpot zoulou a om Benevolence teamte malakna in saptuam vehna hun 9th June 2024 biakkhawmna zoh in kinei hi. Hiai hun ah Unaupa vehna khut-tawi teng singnih Saptuam in pia hi.

### Kipahthu genna

*Damlou a lupna ngak a hun bangtan hiam pawpot zoulou Unaute biakkhawmna aleng hong kilang zou nawnlou a ka om lai in Unauten hon awlmoh in na hong veh ua, na hong thumsak kia uleng thupilua khin hinapi'n khuttawi dangka Singnih tak bang na hon pe sawnsawn ua, Saptuam makaite lemgel siam na leh khotuahna thupi sa in kakipak petmah uhi.*

*Hichibang nnasep hoih Saptuamten semzom tou theizel ding in i biak Pa Pasian in Unau mimalmalte hon ompih gige henla, Unaute lak ah ki-ittuahna in ma sawn zom zel hen chih ka thumna uh ahi.*

Na Unau deihsak uh

S.Thangkhingin leh a Innkuante