

# Khris' Suangphum

CHURCH  
of CHRIST  
NEW DELHI

Suangphum lepkhisa loungal suangphum dang kuamah in a lem theita kei, huai suangphum Jesu Khris ahi - 1 Kor. 3:11

Vol. XXII. No. 35

PRIVATE CIRCULATION

September 1, 2024

## Khristian Kitaitehna - KUH KALTAK IN TAI NI

-Jamson-

“Huaiziak in huchitel a theihpihte, meipite thupi umsuak a I om thei in, hon hihnok peuhmah leh khelhna eimah a belhte koihmang ni, huan I ma ua kitaitehna diing om ah kuhkaltak in tai ni – Hebrute 12:1

Hebru laikhak gelhtu'n khristiante kitaitehna a tai I hihdan hiai a tung a I taklat bible tang ah kichiantak in ana gen hi. Kitaitehna a I tai kia uh hilou in huai kitaitehna I tailai a kuhkaltak a tai diing I hihdan leng ana genbehlap lai hi. Sawltak Paul in Korin khua a Khristian omte kiang a alaikhakna ah leng “Kitaitehte avek un a tai ua, himahleh khat kia in kipahman a muzel chih na theikei ua hia? Na muhtheihna diing un huchi mahbang in tai un” (1 Korin 9:24) ana chi hi. Hiai apan inleng ei khristiante tutkhawl mawk theih hilou ahidan, khawllou a kuhkaltak a phakchiam delh a tai diing I hihdan theih thakhak in om hi.

Sawltak Paul mah in Philipite kiang a alaikhak ah, “Hiai tangkhin ka hikei a, bukim khinta ka hi kei; himahleh huai mah kei a hihsak tum in ka delh teitei hi, Khris Jesu'n kei amah a hon hihsaktak ziak in. Unaute aw, tangkhinta in ka kingai kei a: himahleh thil khat ka hih; nunglam a omte mangngilh in malam a ompen ka delh hi; Khris Jesu a Pathian sapna sang kipahman mu diing in phak chiamna ka delh hi” ana chi hi (Philipite 3:12-14).

Eite kitaitehna tuh thil nuam leh baihlam ahikei. Pantaktak ngai kitaitehna ahi. I tangtel (Hebrute 12:1) ua kitaitehna (race) genna a thumal kizang, english thumal agony (Lungkhamna, Dahna, Haksatna) hong piankhiakna thumal ‘AGONA’ (Greek) apan ahi. Huaiziak in I taisuak theihna diing in thuaktheitak/ thuakzoutak a tai mah ana ngai hi. “Huaiziak in huchitel a theihpihte, meipite thupi umsuak a I om thei in, hon hihnok peuhmah leh khelhna eimah a belhte koihmang ni, huan I ma ua kitaitehna diing om ah kuhkaltak in tai ni” (Hebrute 12:1).

Kitaitehna haksa, kuhkaltak leh thuakzoutak a tai ngai kitaitehna a tai himah lehng a lungkiak huai hetkei. Aziak bel **theihpih meipi thupi umsuak a om I hih ziak un**. “Huaiziak in huchitel a theihpihte, meipite thupi umsuak a I om thei in” / “Since we are surrounded by so great a cloud of witness” NKJV (Hebrute 12:1a). Huai omdan bel, theihpih meipi thupi umsuak a omkawm a kitaitehna tai I hi uhi. Hiai a ‘theihpih meipi thupi’ kichi bangdang genna hilou in ginna a ana sisate

ah uhi. Huaiziak in ginna a ana sisate'n huai I tai kitait-ehna a taisuak diing a honna hanthawn (cheer up) uh chihna ahi. Kimawlmite stadium khong a akimawl chiang ua apanpih mipite ana kikou zuazua bang ua ginna nei a ana sitate'n honna en a, ei adia naktak a ana pang uh ahi. Huaiziakin thawmhau kisa kei ni. I unau gin om a ana paisate'n tai paisuak diing in deihsakna lianpi toh hon hanthawn gige uhi.

A lungkiak huai hetlounhna nawn khat ahiehleh “Ahi a, hiaite tengteng in ginna ziak in phat na lawhkhin mahleh uh thilchiam pen a tang kei uhi: A ziakbel Pathian in ei a diing a thil hoihzaw muhkholh a neih ziak a, ei tellou a amaute hihbukim a a omlounhna diing ziak uh ahi” (Hebrute 11:39-49). Ginna a mi minthangte'n ginna ziak in phat ana lawhkhin mahleh uh thilchiam pen ana tang neikei uh. Aziak bel ei, tua kitaitehna taille laite a diing a Pathian in thil hoihzaw muhkholh a nei. Ei tellou in ginna ziak a phat ana lohkhinte a hihbukim naikei. Hihbukim a I omkhawm theina dia ei hon ngaksak ahi. Ana paisa Ginna a miminthangte toh hihbukim khawm a om diing I hihman un I kitaitehna taina uh a lungkiak huaikei hi.

Huan, **eite kitaitehna tuh Khris Jesu a Pathian sapna sang kipahman mu dia phak chiamna delh a taina, lallukhu setheilou mu diing a taina ahi** “Huan, kidemna ah kimawlmite peuhmah bangkim ah mahni kithunun in a omnak uhi. Amau zaw lallukhu sethei mu diing in a hih ua, eite'n bel lallukhu setheilou mu diing in” (1 Korin 9:25).

**PLACE OF WORSHIP**  
 Yusuf Sadan, Secred Heart  
 Cathedral, Ashoka Road,  
 Delhi - 110001  
 Phone No. 9953968807  
 website : www.cocdelhi.org

'KHRIS' SUANGPHUM, A WEEKLY BULLETIN FOR  
 THE MEMBERS OF THE CHURCH OF CHRIST, DELHI,  
 ON THE FIRST DAY OF THE WEEK'

Enkaitu : Jamson Guite

**BIBLE CLASS**

Class	Teacher
Adult	: Siammuan & James
Inter.	: Jamson & Biakmang
Junior	: Robert & Chiinpi
Primary	: Suanlian & Vungngaihkim
Beginner	: Chingkhanlun & Rosely

**TOUPA NI'  
 THILPIAK**

**Date 25.8.2024 ₹ 60,450 /-**

**THOUGHT OF THE WEEK**

"Belam chingmite a mawl ua, Toupa a thudot dan a theikei uh; huaiziak in a lamzang kei ua, a belamhonte uh a delhzak khinta" (Jer. 10:21).

THU TUAMTUAM

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**Biakna Hunzeek**

Toupa' Ni

Date 01.09.2024

Hun-uk thumna : Janglet  
 Lapi : Jamson  
 Thilpiak : Sei Robert  
 Theihgigena : Kamkhenthang  
 Thugen : Lang James  
 Thumna : Ngulzapau

**Midweek online Bible Class**

Date 04.09.2024

Thumna : Timothy  
 Sinsaktu : Chuck Horner  
 Thumna : Thongginlian

**Kiginni**

Date 07.09.2024

Hun-uk thumna : Thongginlian  
 Lapi : Siamkhanmuan  
 Thugen : Jangthang  
 Thumna : Reuben

**Toupa' Ni**

Date 08.09.2024

Hun-uk thumna : Thongginlian  
 Lapi : Siamkhanmuan  
 Thilpiak : John Mung  
 Theihgigena : Khamminthang  
 Thugen : Jamson  
 Thumna : Jangminthang

**LECTURESHIP NEIH HI DIING**

☛ Tukum Saptuam workplan a gelkhohsa dungzui in kha nawn (September) chiang in Lectureship program nuamtak mai Delhi mun ah neih hi diing hi. Gel masak dan in hiai hun a thugentu diing in Manipur lam a unaute chial diing chih himahleh lampi sau leh lampi haksat ziak in ei tualsung kia adin business meeting a kithukim thak hi. Program chiankuang business meeting ah luikhiaik hita diing hi. Ngaklahuai mahmah nawnzel. Unaute'n hiai program lungsim akoih in salam leh khalam a kisakholsa in om nihang. Huan i thumnate uah leng in phawk diing uh.

**BIBLE CLASS OM DIING AHI**

☛ Tuni'n ngeina bang in bible class leh Sunday Schoolte neih hinawn diing. Kal paita Toupa Ni in bel lazilna leh lasakkhawmna ziak in omlou hi. Chiamteh in a hun lap diing in kuan ni.

**SUNGKHOH ZIAK IN HOSPITAL AH**

☛ Baby Sara d/o unaunu Khamngaihniang kal paita Toupa Ni kikhawm tawp inn a tun un sungkhoh leh khosik thua in ngaplou in om hi. A sung a nak khohluat ziak in a zanzan in a inn kiang ua clinic ah taipih ua himahleh a dinmun a siatsim ziak in akin theilam a hospital lian delh diing in sawl in om uhi. Lamkal ah buaisim mahleh uh Fortis Hospital atun phet un hoihtak in ana enkol ngal ua huchin Pathian panpihna toh hong hoihkhe nawn hi. Hospital apan inleng ana pawtta uhi.

**ANN HON NEKPIH UH**

☛ Unaupa Janglet-te innkuan in tupa hoihtak a neih uh kipahna in kal paita Toupani biakna zoh in Saptuamte ann hon nekpih uhi. Lungdam lua.

**KIKNAWNTA UH**

☛ Damlou ki-ensak diing a hongzin unaupa Thawnkhansang-te kal paita ningani in Lamka lam ah ana kinkawnta uhi. Amau sintawp ni in damtak in innlum tung uhi. Damna hoihzaw toh kik a, damtak a innlum a tunkik theihman un kipahuai isa.

☛ Unaunu Biaknem leng Delhi a hun sawtkuamtak a om nung in kal paita in apasal kiang lam ah ana kinkawnta hi. Delhi a anupa ua akhosak theih khak uleh chi a sepna diing zong a hongzin dan himahleh alem theih chetlough ziak in Lamka lam mah a khosa diing in hon kiksian hi.

☛ Delhi a suti hong zang unaupa Lam Joy in leng Lamka lam a suti zang diing in kal paita ningani mah in Lamka lam ah hon zinkhiaksan hi.

**BIAKNA PROGRAM**

☛ September leh October kha biakna program bawlkhit hinawnta. Kongkhak bul a kikoih diing ahihman in unaute kuapeuh in eimah copy diing i kilak chiat diing. Huan, biakna a pitu hihna tangkha unaute'n i tante hoihtak a chiamteh a kigingsa a kuanchiant diing ahi. Tan latheilou i om zenzen leh a baitheipen a program bawlte theihsak ngeingei diing ahi.

**DAMLOU**

☛ Hitang khosik ziak in unaunu Chingbiakkim ni thum vel ngaplou in ana om hi. Tunbel dam in office leng kai ngap nawnta hi. Hichi bang mah in baby Nemnunmawi d/o unaunu Ngaimuankim leng khosik in ana om.

☛ Master Ginlunsang leng khosik ziak in ngaplou in ana om mahleh amah leng dam nawnta hi.